

NEIGHBORHOOD HOUSE ASSOCIATION



The Neighborhood House Association is San Diego County's largest multi-purpose human services agency. NHA helps thousands of individuals and families improve their quality of life by providing vital social services including employment, healthcare, child, family and senior services.

Neighborhood House Association programs and services include:

- *Adult Day Health Care*
- *The CONNECTION*
- *Child Development/State Preschool*
- *Emergency Services*
- *Head Start/Early Head Start*
- *HIV/AIDS Case Management and Peer Support Services/Transportation Services*
- *HUD Approved Housing Counseling*
- *InnoVisions*
- *Project Enable/Friendship Clubhouse*
- *Senior Service Center*

Neighborhood House Association
5660 Copley Drive
San Diego, CA 92111
858-715-2642



Neighborhood House Association

"A neighbor you can count on...since 1914"

Adult Day Health Care
Neighborhood House Association
851 South 35th Street
San Diego, CA 92113
adhc@neighborhoodhouse.org
619-233-6691

www.neighborhoodhouse.org



**Neighborhood
House
Association**

"A neighbor you can count on...since 1914"

**Adult
Day
Health
Care**



**Promoting Well-Being Through
Health, Social, Recreational and
Therapeutic Services**

ABOUT ADULT DAY HEALTH CARE



Neighborhood House Association's Adult Day Health Care Center is a day treatment program that provides nursing, rehabilitative therapies, nutrition, psycho-social services and recreational activities to adults 18 years of age or older who are experiencing chronic physical and/or mental health conditions.

PAYMENT

Neighborhood House Association's Adult Day Health Care Center is a fee-for-service program. We accept, but are not limited to, private insurance, MediCal and Veteran benefits.

ELIGIBILITY

Neighborhood House Association's Adult Day Health Care Center is open to adults age 18 and older, whose needs include:

- *On-going basic nursing care and/or supervision (such as diabetic care management)*
- *A medical condition that requires treatment (such as rehabilitative therapies) ordered by a physician*
- *Have a memory impairment such as Alzheimer's Disease or dementia*
- *Chronic health problems that affect the ability to perform daily living activities*

SERVICES

Neighborhood House Association's Adult Day Health Care program provides a variety of services, including:

- *Physical Therapy*
- *Social Services*
- *Occupational Therapy*
- *Recreation*
- *Speech Therapy*
- *Hot Lunch*
- *Nursing Services*
- *Transportation*
- *Psychological Services*
- *Nutrition Counseling*



SERVICE AREA



Neighborhood House Association's Adult Day Health Care program serves the following communities:

- *Emerald Hills*
- *Encanto*
- *Lemon Grove*
- *Logan Heights*
- *Mid-City*
- *National City*
- *Paradise Hills*
- *Southeast San Diego*
- *Spring Valley*

And other areas by arrangement

HOURS:

Monday to Friday
8 a.m. to 5 p.m.

Open most holidays.

This institution is an equal opportunity provider.